



AUTHENTIC YOGA-MASTERY FORMULA

Discover How to Achieve
Authentic Yoga-Mastery and Go
From Average to All-Round Abundance
Even if you have NO Flexibility &
ZERO Yoga-Experience

By
Shanthi Yogini
"Authentic Yoga-Living" Master

This guide presents the 6 Game-Changing Steps of Shanthi's **S.H.A.K.T.I. Yoga-Model for Aspiring and Active Yoga-Teachers, Healers & Wellness Coaches For All-Round Abundance Through Authentic Yoga-Shaastram (Yoga-Living)**

This Yoga-Model is NOT a new type of Yoga-Shaastram. It gives a clear roadmap to go from **Zero Yoga-Experience** to **Authentic Yoga-Mastery**. It is the easiest way to experience abundance in every area of your life. It is an effective way to **impact** the world as a healer, coach, and a leader. Yoga-Shaastram is a tool box with many tools. YogaPose is just one of the tools. The word SHAKTI in Samskrtam language indicates power/ energy.

The word **S.H.A.K.T.I.** is an acronym and stands for

S - STUDY

H - HEAL

A - ASSIMILATE

K - KREATE (CREATE)

T - TEACH

I - IMPACT

STEP 1: STUDY (S. of S.H.A.K.T.I.)

- Lay the foundation for your “Yoga-Mastery” home

STUDY What?

Only More Poses? More Coaching Tools? More Healing Modalities?

NO! NOT AT ALL!

Study the Foundations of *Yoga-Shaastram!*
Study the Fundamentals of Happiness,
Healing, & Reaching One’s Highest Potential!

(The Fundamental Step for Authentic Teaching, Healing & Coaching)

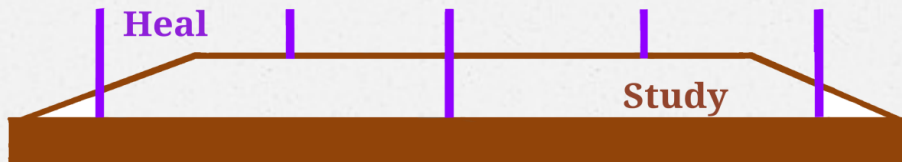


STEP 2: HEAL (H. of S.H.A.K.T.I.)

- Erect columns for your “Yoga-Mastery” home

HEAL How?

Expect People & Situations to Change?
Waiting to Heal & Transform Some Day?



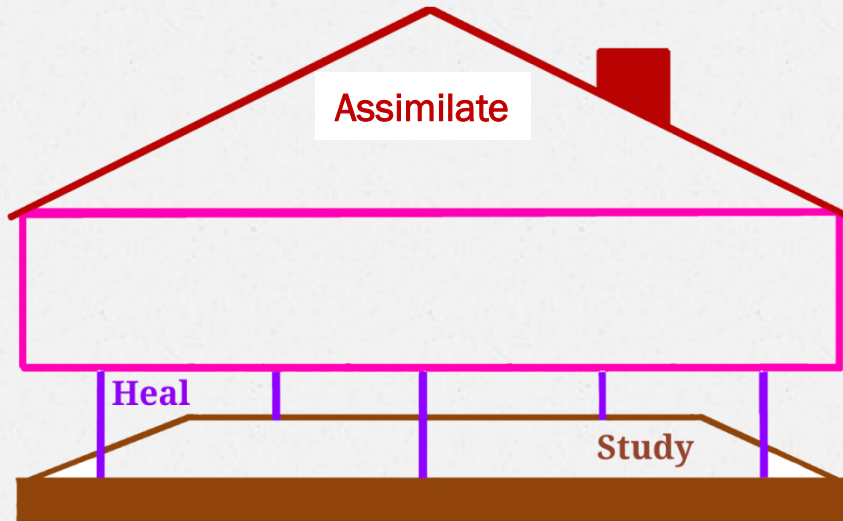
NO! NOT AT ALL!

Change Yourself and Begin to Heal!
Take Responsibility for Your Healing!

(#1 Prerequisite to TRULY Transform Others that Needs No Yoga-Experience)

STEP 3: ASSIMILATE (A. of S.H.A.K.T.I.)

- Finish the roof for your “Yoga-Mastery” home



ASSIMILATE What?

Self-Doubt and Limiting Beliefs?
Burnout, Stress, Anxiety & Fatigue?

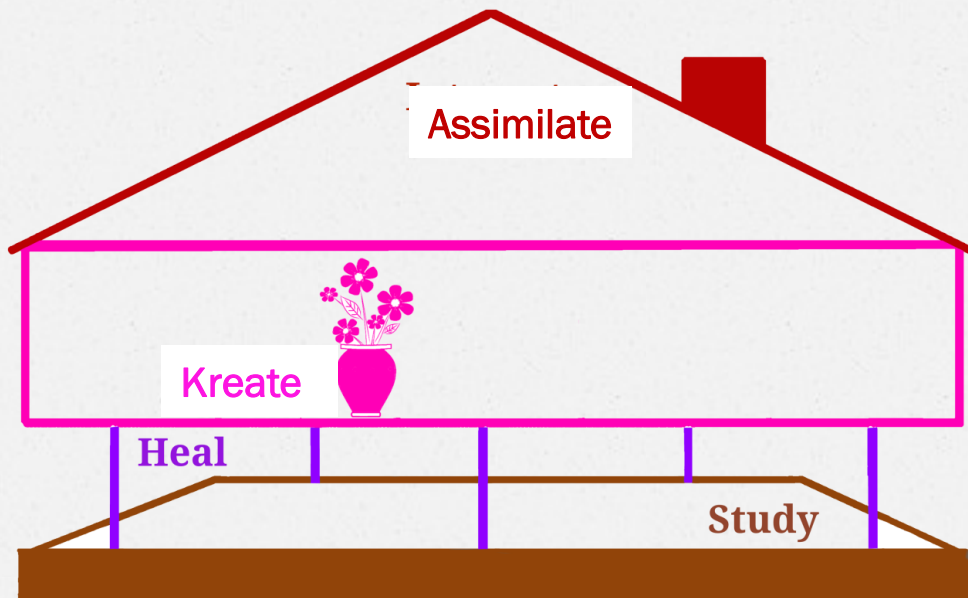
NO! NOT AT ALL!

Assimilate all Tools of Yoga-Living
(*Yoga-Shaastram*) into your life!
(Foundation, Values, Awareness, Diet)

(#1 Toolset for Super-Quick Self-Care that Requires Only 2 Minutes of Your Time)

STEP 4: KREATE (K. of S.H.A.K.T.I.)

- Create inspiring interiors for your “Yoga-Mastery” home



KREATE (Create) What?

Kreate New Posture Sequence?
Kreate New Music Set for Your Class?

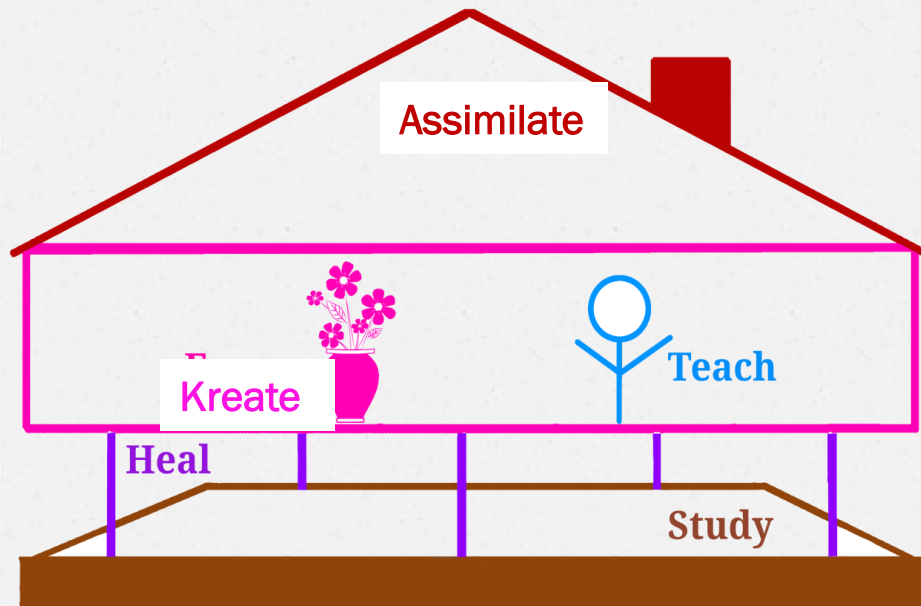
NO! NOT AT ALL!

Kreate a Result-Oriented **K**urriculum that has **R**elevance, **E**ase, **A**uthenticity, **T**horoughness, & **E**ngagement for clients!

(The Vital Step to Be in the Top 5% in Your Field) – Stand Out from Others

STEP 5: TEACH (T. of S.H.A.K.T.I.)

- Enjoy living in your “Yoga-Mastery” home



TEACH When?

Teach Others Even BEFORE You get Healed and Transformed?

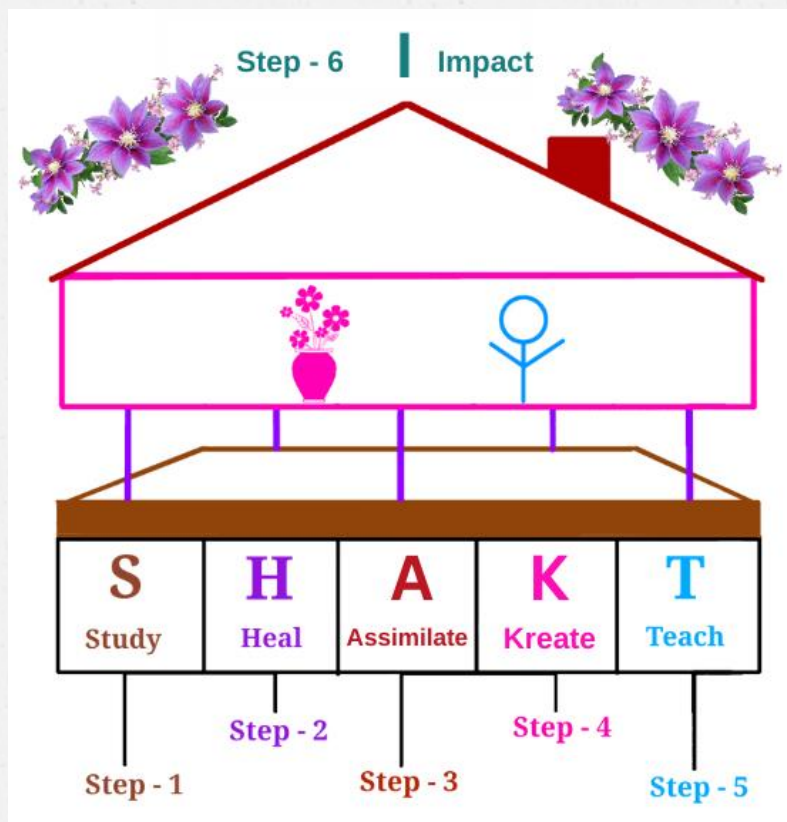
NO! NOT AT ALL!

First feel abundant in life with Step 3!
You Can't Give What You Don't Have!
Then teach to help others experience it!

(The Key to Ensure All-Round Abundance for You & for Others)

STEP 6: IMPACT (I. of S.H.A.K.T.I.)

- Enjoy the nature around your “Yoga-Mastery” home



IMPACT How?

By Teaching a Series of Yoga-Poses?

NO! NOT AT ALL!

Impact by Empowering Your Clients in Healing, Happiness. & Highest Potential Using Powerful, Simple 2-Minute Tools of Authentic Yoga-Living!

(Heal, Coach, Teach & Lead as needed!)

ABOUT SHANTHI:



Shanthi Yogini is an engineer-turned Vedic YogaScience Master, “Unlock Your Full Potential“ Expert”, and a #1 international best-selling author.

Dressed traditionally, she is authentic to her roots in more ways than physical appearance.

The current Yoga-system is misappropriated, adulterated, and diluted, and cannot fulfill the real needs of people.

Shanthi is on a mission to help 100,000 Aspiring Yoga-Teachers, Healers, and Wellness Coaches to be World-Class and in the Top 5% by Embodying Authentic Yoga-Living Through her **S.H.A.K.T.I.** Yoga-Model.

Shanthi comes from a lineage of Yoga-Masters. She was born and raised in the country which is the very source of Yoga-Shaastram (Yoga-Living). She teaches ancient wisdom suitable to modern lifestyle through 2-minute tools.

Shanthi is an eye-opening Speaker, Culture Educator, Healer, Dancer, Storyteller, and a highly sought-after TV, Podcast and Radio Show guest.

Please click here to join our FREE private VIP Facebook group to connect with like-minded people.

Please answer the questions there!

If you have challenges in life and want a chance to win a video or an audio sent to you for free with Shanthi's recommendations, please click here and fill out a questionnaire!